

# 2009 MONTHLY WORKSHOPS

A series of informational and interactive workshops  
Sponsored by

## Area Agency on Aging of Central Texas

A partner agency of the Central Texas Aging & Disability Resource Center

<p><b><u>FEBRUARY 18, 2009</u></b> 10:00am – 12:00pm</p> <p><b>DISORDERS OF TASTE AND SMELL –</b> Diagnosis, Treatment and Impact on Quality of Life</p> <p>Guest Speaker: Dr. Ronald Devere Director, Taste and Smell Disorder Clinic</p>	<p><b><u>MARCH 18, 2009</u></b> 10:00am – 12:00pm</p> <p><b>EXCITING BREAK THROUGH IN MEDICAL EQUIPMENT TO ENHANCE YOUR QUALITY OF LIFE –</b></p> <p>Presenters: Heart of Central Texas Independent Living Center, Professional Medical, Allumed</p>
<p><b><u>APRIL 15, 2009</u></b> 10:00am – 12:00pm</p> <p><b>THE HOUSE DOCTOR –</b> Mary Ann Everett, Master Gardener, will present the hazards of pesticides, herbicides and poisonous plants in the home landscape.</p> <p>Carolyn Insall, M.S., Central Texas Poison Center, will discuss poisonous insects, spiders, snakes that may be encountered around the home.</p>	<p><b><u>MAY 18 – 21, 2009</u></b> <b>University of Mary Hardin-Baylor SENIOR SAINTS SUMMIT</b></p> <p>Summit events will include a health fair on Monday, May 18<sup>th</sup> and special interest seminars on a variety of themes for senior adults on Tuesday, May 19<sup>th</sup> and Wednesday, May 20<sup>th</sup>. Deadline for registration is May 4, 2009. Please call (254) 295-4606 for more information.</p>
<p><b><u>JUNE 17, 2009</u></b> 10:00am – 11:30pm</p> <p><b>MEDICARE SAVINGS PROGRAMS –</b> Are you or a loved one entitled to extra \$\$ each month? Learn about QMB, SLMB, QI-1 and QWDI.</p> <p>Speaker: Lane Herrington Texas Health &amp; Human Services Commission</p>	<p><b><u>JULY 15, 2009</u></b> 10:00am – 12:00pm</p> <p><b>MEDICAID PLANNING –</b> This workshop will focus on the eligibility rules to qualify for Nursing Home Medicaid as well as updates and recent developments in Medicaid law.</p> <p>Speaker: Cara M. Chase Naman, Howell, Smith &amp; Lee, L.L.P.</p>
<p><b><u>AUGUST 19, 2009</u></b> 10:00am - 12:00pm</p> <p><b>LONG TERM SERVICES AND SUPPORTS –</b> The Texas Department of Aging and Disability Services provides an array of services and community supports that enable aged and disabled individuals to remain at home.</p> <p>Speaker: Richelle Williams, LTSS Worker III Texas Department of Aging and Disability Services</p>	<p><b><u>SEPTEMBER 16, 2009</u></b> 9:00am – 12:00pm</p> <p><b>MEDICARE A, B, C, &amp; D –</b> This workshop will focus on Medicare Parts A, B, C and D.</p> <p>Speaker: Norma Almanza Public Education in Consumer Protection Texas Department of Insurance</p>
<p><b><u>OCTOBER 21, 2009</u></b> 10:00am – 12:00pm</p> <p><b>MEDICARE HOSPICE –</b> Speaker To Be Announced</p>	<p><b><u>NOVEMBER 10, 2009</u></b> 8am to 12pm or 1pm to 5pm</p> <p><b>YESTERDAY, TODAY &amp; TOMORROW – WE ALL ARE CAREGIVERS</b></p> <p style="text-align: center;">More Information To Come</p>

All workshops are free to the public and will be held at the  
Central Texas Council of Governments  
2180 North Main, Belton, TX 76513  
Please RSVP by calling  
254-770-2330 or 1-800-447-7169, ext. 2330

Area Agency on Aging of Central Texas, a partner agency of the Central Texas Aging & Disability Resource Center, is a program of the Central Texas Council of Governments and is funded in part by the Texas Department of Aging & Disability Services.