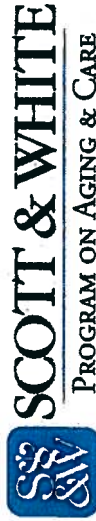


For more information on the Central Texas Community Living Program Contact one of the following organizations:



Area Agency on Aging
of Central Texas
254-770-2330 or 1-800-447-7169
Central Texas Aging &
Disability Resource Center
2180 North Main
Belton, Texas 76513



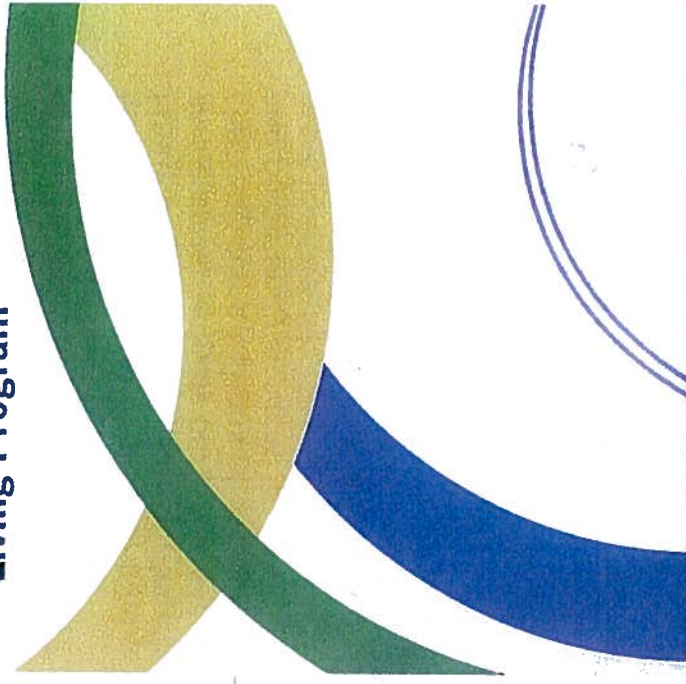
The Scott & White Healthcare—
Program on Aging and Care
254-215-0457

Community Living Program Co-Sponsors



This project is funded by a US Administration on Aging grant awarded to the Texas Department on Aging and Disability Services.

It's all about
YOU
healing
at home
Central Texas Community
Living Program



254-215-0457

Scott and White Healthcare-Program on Aging and Care

1-800-447-7169

www.centraltexasadrc.org

2180 North Main, Belton, Texas 76513
Central Texas Council of Governments Building



The Central Texas Community Living Program is a nursing home diversion, time-limited national demonstration project supported by the U.S. Administration on Aging. The project builds upon a partnership between the Area Agency on Aging of Central Texas and Scott & White Healthcare—Program on Aging and Care.

The Central Texas Community Living Program can help you avoid nursing home placement by obtaining alternative community-based services and helping your family caregiver. You and your family caregiver can actively participate in choosing combinations of in-home and community services that best meet your needs.

Program participants and family caregivers will receive:

- Comprehensive assessments
- Long-term service and supports options counseling
- Care transition services
- Caregiver education and training
- Caregiver support coordination
- Caregiver respite services
- Timely access to needed in-home and community services

(Financial assistance with in-home and community services may be available. A \$50 monthly program participant contribution is requested.)

Eligibility Guidelines:

- Age 60 or over
- Lives in Bell, Coryell, Hamilton, Lampasas or Milam county
- Needs help completing at least two activities of daily living (dressing, bathing, personal hygiene, eating and toileting)
- Not eligible for Medicaid or is not currently enrolled in Medicaid

In addition to the above eligibility guidelines, the program is designed to service applicants who:

- Have memory problems that make it difficult to live alone
- Have a family caregiver that provides assistance with routine care needs
- You and your caregiver(s) are willing to learn new skills that will help manage your health and avoid the stress that can be associated with caring for a loved one at home

- Individual monthly income may not exceed \$2,865 and assets may not exceed \$54,750.
- Married monthly income may not exceed \$5,729 and assets may not exceed \$109,500.

Countable income includes: earned income, Social Security, and other unearned income

Countable assets includes: Savings and retirement accounts
Exclusions: House, Assets obtained through a reverse mortgage, and life insurance policies

Financial assistance for in-home and community services may be used for:

- **Personal Assistance** which could include personal care, homemaker, companion and respite care.
- **Treatment and Training** which may include therapies, health maintenance, family counseling and training, and caregiver education and training.
- **Environmental Modifications and Provisions** which could include minor home modifications, supplies and equipment, home delivered meals and non-emergency medical transportation.

In-home and community services may be provided by:

- Professional agencies
- Your family friends
- Self-employed care workers
- Other options that fit your needs